

Commitments of Traders Analysis - Futures and Options

Futures and Options - 11/3/2009 - 11/9/2009

	Non-Commercial		Net Position	Commercial		Non-Reportable	
	Net Position	Weekly Net Change		Weekly Net Change	Net Position	Weekly Net Change	
Currencies							
Canadian	22,147	-2,242	-41,241	1,790	19,092	450	
Dollar	-6,074	494	6,327	440	-253	-933	
Euro	29,815	1,779	-48,064	288	18,249	-2,067	
Energies							
Crude Oil	176,875	-13,488	-199,780	3,788	22,904	9,699	
Heating Oil	42,920	120	-56,646	7,016	13,726	-7,136	
Natural Gas	-60,879	2,182	27,508	-5,531	33,370	3,348	
Gas (RBOB)	62,164	-6,833	-68,355	6,082	6,191	751	
Financials							
Bonds	-113,497	-17,849	139,506	21,921	-26,009	-4,073	
Dow Jones	639	163	-1,689	68	1,051	-229	
Dow Jones \$5	21,330	12,679	-14,610	-9,305	-6,721	-3,376	
Nasdaq Mini	8,089	7,308	-11,447	15,031	3,357	-22,340	
S&P 500	-16,531	2,047	-55,687	-2,136	72,218	89	
E-Mini S&P	135,725	-80,440	71,450	114,790	-207,175	-34,350	
T-Notes	-59,227	10,049	153,246	1,804	-94,019	-11,853	
Grains							
Corn	196,740	632	-30,209	4,934	-166,531	-5,566	
KC Wheat	14,998	-565	-8,015	198	-6,984	367	
Minn Wheat	4,640	1,948	-1,387	-1,010	-3,254	-938	
Oats	1,732	-231	-2,915	-39	1,184	270	
Rice	4,710	546	-7,294	-874	2,585	330	
Soybeans	71,634	-21,201	-39,785	25,252	-31,850	-4,053	
Soymeal	29,049	-5,599	-40,278	8,139	11,228	-2,542	
Soyoil	12,180	-159	-25,486	310	13,306	-151	
Wheat	-8,730	-1,894	22,982	2,835	-14,252	-941	
Livestock							
Feeder Cattle	2,315	556	1,766	-481	-4,081	-75	
Hogs	18,496	2,949	-7,599	-1,811	-10,897	-1,139	
Cattle	46,735	5,352	-14,865	587	-31,870	-5,938	
Metals							
Copper	7,562	-1,504	-10,819	52	3,257	1,451	
Gold	272,807	1,243	-319,055	-3,326	46,247	2,081	
Palladium	12,684	148	-14,992	-231	2,308	83	
Platinum	20,315	1,011	-24,140	-806	3,825	-205	
Silver	43,023	-1,289	-65,138	-372	22,115	1,661	
Softs							
Cocoa	33,414	3,021	-40,048	-3,074	6,634	53	
Coffee	37,306	1,481	-39,800	-932	2,495	-548	
Cotton	56,636	-2,338	-72,292	-58	15,654	2,394	
Lumber	825	304	-846	-360	21	55	
Milk	-2,063	65	1,756	11	306	-76	
OJ	12,223	83	-15,390	-767	3,167	683	
Sugar	136,406	-24,733	-167,042	23,345	30,635	1,387	

***The information presented here is opinion, and should be treated as such. Futures trading can be risky! Investors should consider the inherent risks associated with trading in light of their financial condition.